

## TROPMEDEX--TANZANIA 2023

<b>12th March 2023</b> Sunday	Arrival at Kilimanjaro International Airport Transfer to the Arusha Coffee Lodge, Arusha (60 km)
23.00	<b>Briefing</b> on the TROPMEDEX excursion (Dr. Schaefer) Meeting point: Reception of the Arusha Coffee Lodge
<b>13th March 2023</b> Monday	Drive to St. Elizabeth Hospital, Arusha, (10 km)
08.00-09.00	<b>Lecture:</b> DD of diarrhoea in the tropics (Dr. Rohela)
09.15-10.15	<b>Lecture:</b> Update on HIV/AIDS in Africa (Dr. Mushi & Dr. Schaefer)
10.15-12.15	<b>Rounds</b> in St. Elizabeth hospital: Focus on diarrhoea, AIDS and related opportunistic infections (Dr. Christina)
13.00-15.00	<b>Laboratory manuals</b> at St. Elizabeth Hospital: Diagnosis of infections in the blood and stool (Dr. Prayod)  Drive to Arusha Coffee Lodge (10 km)
16.00-17.00	<b>Field excursion:</b> Occupational Health in the Arusha Coffee Plantation (Mr. Nassor)
<b>14th March 2023</b> Tuesday	Drive to the Old Selian hospital, Arusha (20 km)
09.00-10.00	<b>Lecture:</b> DD of fever in the tropics (Dr. Amon)
10.15-11.15	<b>Lecture:</b> Update on malaria (Dr. Schaefer)
11.15-14.15	<b>Rounds</b> on the paediatric ward in the Old Selian hospital. Focus on children with malaria and other febrile illnesses (Prof. Steve Swanson)  Drive to the Flying Medical Service (FMS) headquarters (5 km)
15.00-18.00	<b>Field excursion</b> to the Flying Medical Service: Medical care from the air in the Maasai areas (Dr. Pat Patten)  Drive to Arusha Coffee Lodge, Arusha (25 km)
<b>15th March 2023</b> Wednesday	
07.00-08.00	<b>Lecture:</b> Update on poisonous African snakes (Dr. Schaefer)  Drive to Meserani Snake Park (30 km)
09.30-10.30	<b>Field excursion</b> in Meserani Snake Park: African snakes and reptiles (Dr. Rashid)

- 11.00-13.00      **Rounds** in Meserani Snake Park Clinic: Treatment and care of patients with snake bites (Dr. Jenny)
- Drive to Tarangire National Park (50 km)
- 15.30-17.30      **Field excursion** in Tarangire National Park: Prevention and control of sleeping sickness. Observation of the habitat of Tsetse flies (vector) and antelopes (Dr. Mofulu)
- Drive to Octagon Lodge, Karatu (80 km)
- 16th March 2023**  
Thursday
- 07.00-08.00      **Lecture:** Update on Ebola (Dr. Schaefer)
- 08.00-10.00      **Rounds** in the Fame hospital, Karatu: Focus on patients with sepsis and sickle cell anaemia (Dr. Artress)
- 10.15-14.15      **Laboratory manuals** in Fame hospital: Diagnosis of malaria, African trypanosomiasis and lymphatic filariasis, Fame hospital (Dr. Anthony)
- Drive to Lake Eyasi (50 km)
- 15.30-17.30      **Field excursion** to the Hadza tribe. Traditional medicine among the bushmen tribe around Lake Eyasi (Dr. Barjeda)
- Drive to Octagon Lodge, Karatu (50 km)
- 17th March 2023**  
Friday
- Drive to Endulen hospital in Ngorongoro Conservation area (80 km)
- 08.30-09.30      **Lecture:** Update on Dengue Fever (Dr. Schaefer)
- 09.45-10.45      **Lecture:** Update on brucellosis (Dr. Schaefer)
- 11.00-15.00      **Rounds** in Endulen hospital: focus on Maasai patients with brucellosis, malaria, TB and typhoid fever (Dr. Magdalen & Dr. Ben)
- 15.30-17.30      **Laboratory manuals:** Diagnosis of brucellosis, TB and typhoid fever (Dr. Mameso)
- Drive to Octagon Lodge, Karatu (80 km)
- 18th March 2023**  
Saturday
- Drive to Arusha Airport (150 km)
- Economy flight from Arusha to Zanzibar (500 km)
- Drive to Mangrove Lodge, Mwambini Beach (30 km)

18.00-20.00      **Lecture:** Update on Chikungunya- and West Nile Fever  
(Dr. Schaefer)

**19th March 2023**

Sunday

08.00-09.00      **Lecture:** Update on leprosy (Dr. Schaefer)

09.15-10.15      **Lecture:** Update on lymphatic filariasis (Dr. Schaefer)

Drive to Kizimkazi/Dimbani (50 km)

12.00-14.00      **Rounds:** in Kizimkazi Health Center: Patients with lymphatic filariasis and leprosy  
(Dr. Fatma & Dr. Saada)

Drive to Jambiani Beach (15 km)

15.00-16.00      **Field excursion:** bed-net study. Control of malaria in Jambiani district. (Dr. Yako)

Drive to Mangrove Lodge, Mwambini Beach (60 km)

**20th March 2023**

Monday

09.00-10.00      **Lecture:** Update on schistosomiasis (Dr. Schaefer)

10.15-11.15      **Lecture:** Prevention and control of schistosomiasis in Zanzibar (Dr. Simba)

Drive to Kinyasini (40 km)

13.00-15.00      **Field excursion:** Schistosomiasis transmission site and visit to a school in Kinyasini  
(Dr. Simba and Dr. Ali)

Drive to Stone Town (50 km)

16.00-18.00      **Laboratory manuals:** Diagnosis of schistosomiasis in the prevention and control  
center, Stone Town (Dr. Ali)

Drive to Mangrove Lodge (10 km)

**21st March 2023**

Tuesday

08.00-09.00      **Lecture:** Update on cholera in Africa (Dr. Schaefer)

Drive to Global Health Hospital, Stone Town (10 km)

10.00-15.00      **Rounds** on the paediatric ward in Global Health Hospital. Participants take the  
history and examine patients with tropical infectious diseases. Diagnosis and  
treatment is discussed with the doctor in charge (Dr. Sanga)

Drive to Mangrove Lodge (10 km)

**22nd March 2023**

Wednesday

Drive to the Jozani Forest Reserve (60 km)

09.00-12.00

**Field excursion:** Medical botany in the Jozani Reserve (Mr. Shabaan)

Drive to Zanzibar International airport (60 km)

**Changes may occur without prior notice !**