

## TANZANIA 2026

- 1st Feb. 2026**  
Sunday  
Arrival at Kilimanjaro International Airport  
Transfer to Elewna Arusha Coffee Lodge, Arusha (60 km)
- 23.00  
Briefing on the TROPMEDEX excursion (Dr. Schaefer)  
Meeting point: Reception at Elewana Arusha Coffee Lodge
- 2nd Feb. 2026**  
Monday  
08.00-09.00  
**Lecture:** DD of diarrhoea in the tropics (Dr. Schaefer)
- 09.15-10.15  
**Lecture:** Update on HIV/AIDS in Africa  
(Dr. Mushi & Dr. Schaefer)
- 10.15-12.15  
**Rounds** in St. Elizabeth hospital: Focus on diarrhoea and on HIV/AIDS (Dr. Christina)
- 13.00-15.00  
**Laboratory manuals:** Diagnosis of parasites in the stool  
(Dr. Emmanuel)
- Drive to Elewana Arusha Coffee Lodge, Arusha (10 km)
- 16.00-17.00  
**Field excursion:** Occupational Health in the Elewana Coffee Estate, Arusha (Dr. Nassor)
- 3rd Feb. 2026**  
Tuesday  
Drive to the Old Seliani Hospital (20 km)
- 09.00-10.00  
**Lecture:** DD of fever in the tropics (Dr. Schaefer)
- 10.15-11.15  
**Lecture:** Update on malaria (Dr. Schaefer & Dr. Amon)
- 11.15-14.15  
**Rounds** on the paediatric ward in the Old Selian hospital focusing on patients with fever (Prof. Steve Swanson)
- 15.00-18.00  
**Field excursion** to the Flying Medical Service:  
Medical care in rural areas of Tanzania (Dr. Pat Patten)
- Drive to Elewana Arusha Coffee Lodge, Arusha (20 km)

## 4th Feb. 2026

Wednesday

07.00-08.00

**Lecture:** Update on African snake bites (Dr. Schaefer)

Drive to Meserani Snake Park Clinic (30 km)

**Rounds:** Patients with poisonous snake bites at Meserani Snake Park Clinic (Dr. Rashid)

Drive to Tarangire National Park (50 km)

15.30-17.30

**Field excursion** in Tarangire National Park: Habitat of the Tsetse fly (vector) and antelopes (reservoir of Trypanosomiasis rhodesiense). Prevention and control of sleeping sickness (Dr. Mofulu)

Drive to Octagon Lodge, Karatu (80 km)

## 5th Feb. 2026

Thursday

07.00-08.00

**Lecture:** Update on Ebola (Dr. Schaefer)

08.15-10.15

**Rounds** in Fame hospital: Focus on patients with sepsis and sickle cell anaemia (Dr. Artress)

10.15-14.15

**Laboratory manuals:** Thin and thick blood film for the diagnosis of malaria, African trypanosomiasis and lymphatic filariasis, Fame hospital (Dr. Anthony)

Drive to Lake Eyasi (50 km)

15.30-17.30

**Field excursion** to the Hadza tribe. Traditional medicine among the bushmen tribe around Lake Eyasi (David Barjeda)

Drive to Octagon Lodge, Karatu (50 km)

- 6th Feb. 2026**  
Friday
- Drive to Endulen hospital in Ngorongoro Conservation area (80 km)
- 08.30-09.30      **Lecture:** Update on Dengue Fever (Dr. Schaefer)
- 09.45-10.45      **Lecture:** Epidemiology, clinical manifestations, diagnosis and treatment of brucellosis (Dr. Schaefer)
- 11.00-15.00      **Rounds** in Endulen hospital focusing on Maasai patients with brucellosis, malaria and TB (Dr. Eeditha)
- 15.30-17.30      **Laboratory manuals:** Diagnosis of brucellosis, malaria and TB (Dr. Mameso)
- Drive to Octagon Lodge, Karatu (80 km)
- 7th Feb. 2026**  
Saturday
- Drive to Arusha airport (150 km)
- Economy flight from Arusha to Zanzibar (500 km)
- Drive to Mangrove Lodge, Mawambini Beach (30 km)
- 8th Feb. 2026**  
Sunday
- 08.00-09.00      **Lecture:** Update on leprosy (Dr. Schaefer)
- 09.15-10.15      **Lecture:** Update on lymphatic filariasis (Dr. Schaefer)
- Drive to Kizimkazi/Dimbani (50 km)
- 12.00-14.00      **Rounds** in Kizimkazi Health Center: Patients with lymphatic filariasis and leprosy (Dr. Fatma & Dr. Saada)
- Drive to Jambiani (20 km)
- 15.00-16.00      **Field excursion:** Malaria control project in Jambiani (Dr. Yako)
- Drive to Mangrove Lodge Mawambini Beach (60 km)

**9th Feb. 2026**

Monday

09.00-10.00

**Lecture:** Update on schistosomiasis (Dr. Schaefer)

10.00-11.00

**Lecture:** Prevention and control of schistosomiasis in Zanzibar (Dr. Simba)

Drive to Kinyasini (30 km)

13.00-15.00

**Field excursion:** to schistosomiasis transmission sites and a school in Kinyasini (Dr. Simba and Dr. Ali)

Drive to Stone Town (40 km)

16.00-18.00

**Laboratory manuals:** Diagnosis of schistosomiasis in the schistosomiasis prevention and control center, Stone Town (Dr. Ali)

Drive to Mangrove Lodge, Mawambini Beach (10 km)

**10th Feb. 2026**

Tuesday

Drive to Global Health Hospital, Stone Town (10 km)

08.00-09.00

**Lecture:** Update on cholera (Dr. Schaefer)

10.00-15.00

**Rounds** in Global Health Hospital, Stone Town. Patients with tropical infectious diseases are discussed with the doctor in charge (Dr. Ali Salin)

Drive to Mangrove Lodge, Mawambini Beach (10 km)

**11th Feb. 2026**

Wednesday

Drive to Jozani Forest Reserve (60 km)

09.00-12.00

**Field excursion:** Guided visit to the Jozani Forest Reserve: Medical Botany (Mr. Shabaan)

Drive to the airport in Stone Town (60 km)

