

TANZANIA 2026

1st Feb. 2026 Sunday	Arrival at Kilimanjaro International Airport Transfer to Elewna Arusha Coffee Lodge, Arusha (60 km)
23.00	Briefing on the TROPMEDEX excursion (Dr. Schaefer) Meeting point: Reception at Elewana Arusha Coffee Lodge
2nd Feb. 2026 Monday	Drive to Father Babu Hospital, Arusha, (10 km)
08.00-09.00	Lecture: DD of diarrhoea in the tropics (Dr. Schaefer)
09.15-10.15	Lecture: Update on HIV/AIDS in Africa (Dr. Mushi & Dr. Schaefer)
10.15-12.15	Rounds in St. Elizabeth hospital: Focus on diarrhoea and on HIV/AIDS (Dr. Christina)
13.00-15.00	Laboratory manuals: Diagnosis of parasites in the stool (Dr. Emmanuel)
	Drive to Elewana Arusha Coffee Lodge, Arusha (10 km)
16.00-17.00	Field excursion: Occupational Health in the Elewana Coffee Estate, Arusha (Dr. Nassor)
3rd Feb. 2026 Tuesday	Drive to the Old Seliani Hospital (20 km)
09.00-10.00	Lecture: DD of fever in the tropics (Dr. Schaefer)
10.15-11.15	Lecture: Update on malaria (Dr. Schaefer & Dr. Amon)
11.15-14.15	Rounds on the paediatric ward in the Old Selian hospital focusing on patients with fever (Prof. Steve Swanson)
15.00-18.00	Field excursion to the Flying Medical Service: Medical care in rural areas of Tanzania (Dr. Pat Patten)
	Drive to Elewana Arusha Coffee Lodge, Arusha (20 km)

4th Feb. 2026

Wednesday

07.00-08.00

Lecture: Update on African snake bites (Dr. Schaefer)

Drive to Meserani Snake Park Clinic (30 km)

Rounds: Patients with poisonous snake bites at Meserani Snake Park Clinic (Dr. Rashid)

Drive to Tarangire National Park (50 km)

15.30-17.30

Field excursion in Tarangire National Park: Habitat of the Tsetse fly (vector) and antelopes (reservoir of Trypanosomiasis rhodesiense). Prevention and control of sleeping sickness (Dr. Mofulu)

Drive to Octagon Lodge, Karatu (80 km)

5th Feb. 2026

Thursday

07.00-08.00

Lecture: Update on Ebola (Dr. Schaefer)

08.15-10.15

Rounds in Fame hospital: Focus on patients with sepsis and sickle cell anaemia (Dr. Artress)

10.15-14.15

Laboratory manuals: Thin and thick blood film for the diagnosis of malaria, African trypanosomiasis and lymphatic filariasis, Fame hospital (Dr. Anthony)

Drive to Lake Eyasi (50 km)

15.30-17.30

Field excursion to the Hadza tribe. Traditional medicine among the bushmen tribe around Lake Eyasi (David Barjeda)

Drive to Octagon Lodge, Karatu (50 km)

6th Feb. 2026 Friday	Drive to Endulen hospital in Ngorongoro Conservation area (80 km)
08.30-09.30	Lecture: Update on Dengue Fever (Dr. Schaefer)
09.45-10.45	Lecture: Epidemiology, clinical manifestations, diagnosis and treatment of brucellosis (Dr. Schaefer)
11.00-15.00	Rounds in Endulen hospital focusing on Maasai patients with brucellosis, malaria and TB (Dr. Eeditha)
15.30-17.30	Laboratory manuals: Diagnosis of brucellosis, malaria and TB (Dr. Mameso)
	Drive to Octagon Lodge, Karatu (80 km)
7th Feb. 2026 Saturday	Drive to Arusha airport (150 km)
	Economy flight from Arusha to Zanzibar (500 km)
	Drive to Mbweni Ruins & Gardens, Stonetown (10 km)
8th Feb. 2026 Sunday	
08.00-09.00	Lecture: Update on leprosy (Dr. Schaefer)
09.15-10.15	Lecture: Update on lymphatic filariasis (Dr. Schaefer)
	Drive to Kizimkazi/Dimbani (50 km)
12.00-14.00	Rounds in Kizimkazi Health Center: Patients with lymphatic filariasis and leprosy (Dr. Fatma & Dr. Saada)
	Drive to Jambiani (20 km)
15.00-16.00	Field excursion: Malaria control project in Jambiani (Dr. Yako)
	Drive to Mbweni Ruins & Gardens, Stonetown (60 km)

9th Feb. 2026

Monday

09.00-10.00 **Lecture:** Update on schistosomiasis (Dr. Schaefer)

10.00-11.00 **Lecture:** Prevention and control of schistosomiasis in Zanzibar (Dr. Simba)

Drive to Kinyasini (40 km)

13.00-15.00 **Field excursion:** to schistosomiasis transmission sites and a school in Kinyasini (Dr. Simba and Dr. Ali)

Drive to Stone Town (40 km)

16.00-18.00 **Laboratory manuals:** Diagnosis of schistosomiasis in the schistosomiasis prevention and control center, Stone Town (Dr. Ali)

Drive to Mbweni Ruins & Gardens, Stonetown (5 km)

10th Feb. 2026

Tuesday

Drive to Global Health Hospital, Stone Town (10 km)

08.00-09.00 **Lecture:** Update on cholera (Dr. Schaefer)

10.00-15.00 **Rounds** in Global Health Hospital, Stone Town. Patients with tropical infectious diseases are discussed with the doctor in charge (Dr. Ali Salin)

Drive to Mbweni Ruins & Gardens, Stonetown (10 km)

11th Feb. 2026

Wednesday

Drive to Jozani Forest Reserve (60 km)

09.00-12.00 **Field excursion:** Guided visit to the Jozani Forest Reserve: Medical Botany (Mr. Shabaan)

Drive to the airport in Stone Town (60 km)

